

"Go, set a watchman,
Let him declare what he seeth."
— Isaiah 21:6 —

AUGUST 1972

The Sabbath *Sentinel*



The Sabbath

Sentinel

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The object of this non-sectarian, undenominational association is to bring together into one strong organization all believers in the Biblical seventh-day Sabbath (Saturday) regardless of sect, creed, or denomination, for the sole purpose of spreading knowledge of, belief in, and observance of the Creator's only Holy Day. The only qualification for membership is belief in the seventh-day Sabbath.

Annual member contribution: Regular or subscribing members, \$5.00; family membership, \$8.00 (individual certificates issued but only one set of records maintained and only one copy of the Sentinel and other mailings sent); contributing members, \$5.00-\$9.99; supporting members, \$10.00-\$24.99; sustaining members, \$25.00-\$99.99; life members, \$100.00 or more during any one year.

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I enclose

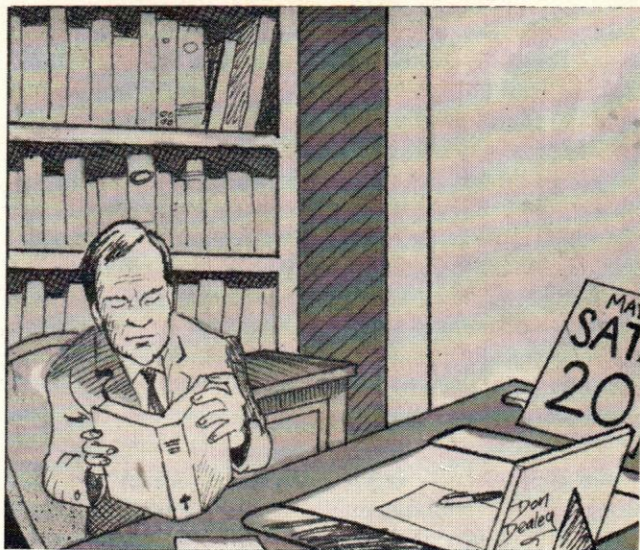
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The Sabbath — *Made for Man*

ALLEN BOWMAN

WE live in a day of exacting schedules, relentless pressures, and endless hurry. Secular magazines print admiring stories of "successful" businessmen who work ten to fourteen hours a day seven days a week. It seems never to occur to the writers that there is a direct connection between such Godless schedules and the appalling rate of ulcers and breakdowns among business executives.

Production managers complain that plant operations are seriously crippled by absenteeism and inefficiency on Mondays. The reason? Misspent week ends! Years ago Henry Ford esti-

mated that he would have had his Model A in production six months sooner if he had forbidden his engineers to work seven days a week. "It took us all week," he confessed, "to straighten out the mistakes that they made on the day when they should have rested."

The Sabbath is in no sense an arbitrary arrangement. Far from being a device to spoil our fun, it is a divinely ordained institution for advancing man's welfare. It is perfectly fitted to our physical and spiritual needs. "The Sabbath was made for man" (Mark 2:27). France in the

course of the Revolution of 1789 officially abolished the day of rest—until experience proved the decree utterly unworkable. The Bolsheviki in Russia attempted to substitute one day in ten for one day in seven, and likewise failed.

Aside from the clear injunction in God's Word, which should be sufficient in itself, all human experience proves the need for one day of rest in seven. Differences of opinion as to which day to observe do not alter this truth. My father, a zealous minister of the gospel, became so absorbed in a prolonged series of special meetings that he neglected his body.

Seven days a week, for many weeks, the schedule was maintained. The Sabbath was the heaviest day of all. It did not occur to him that with the holy day thus devoted to work, he should take some other day off for a complete change. The result was that he impaired his health.

God has graciously given us a Book (the written Word), a Person (the Lord Jesus Christ) and a Day (the Sabbath). The loss of any one of them would be fatal. That is why the enemy attacks them with every means at his disposal. A church leader said recently, "It is doubtful if America can be saved unless the Lord's Day is preserved."

Significantly, the oldest institutions on earth are the home, which began in the Garden of Eden, and the Sabbath, which God established by His own example immediately after finishing His work of creation (Genesis 2:2, 3). The fourth law of the Decalogue, like each of the other nine, put into writing an eternal principle. Centuries before Moses, Sabbath-keeping was in divine order. It is part of the age-old moral law.

The first recorded instance of Sabbath-breaking involved the gathering of manna before the Law was given. "Tomorrow," God said, "is a day of solemn rest, a holy sabbath to the Lord" (Exodus 16:23 RSV). Skeptics, of course, went out to get manna anyway. Human nature hasn't changed in three and a half millennia! "How long do you refuse to keep my commandments and my laws?" the Lord asked. Moses said, "See! The Lord has given you the sabbath. . . ."

The person who disregards the Sabbath cheats himself intellectually and socially as well as spiritually. Joseph Addison, not noted for evangelical fervor, observed: "If keeping holy the seventh day were only a human institution, it would be the best method that could have been thought of for the polishing and civilizing of mankind."

Daniel Webster declared: "The longer I live the more highly I esteem the proper observance of the Christian Sabbath, and the more grateful do I feel toward those who impress its importance on the community."

When even worldly-minded men of discernment appreciate Sabbath values, what shall we say of Christian believers who neglect the day? A Chinese preacher told the following parable: "It came to pass that a man went to market with a string of seven coins. Seeing a beggar who asked for alms, he gave the poor man six of the coins and kept one for himself. The beggar, instead of being thankful, followed the good man and stole the seventh coin also. What an abominable wretch! Yes, and would you, to whom God has given six days, steal the seventh also?"

(Continued on page 17)

The Ten Commandments

UPON these Ten Commandments rest the tranquility, safety, and eternal hope of God's people. This heavenly constitution is as eternal as God is eternal: its precepts were established before the world was created, and they shall continue on, even in *"the new heavens and the new earth"* (Isa. 66: 22). These are the only LAWS, or commands, that were ever actually written by *"the finger of God."*

No other inanimate thing of nature could ever be so holy as is this great gift from our heavenly Father. Surely every true lover of God must have great reverence for the work of God's hands. Therefore, such an individual should certainly experience no difficulty in trying to obey the commands that God has set down for him.

There is one thing that always makes a definite distinction between the merely professing Christian and the genuine saint. That thing is made manifest by their reaction to THE LAW OF GOD. The hypocrite dodges the Lord's COMMANDS, he circumvents LAW, he evades precepts, and despises DUTY. On the other hand, the saint is always eager to KNOW and LOVES TO OBEY every command of his Lord.

"We will not have this man to reign over us" (Luke 19:14), is the actual attitude of the hearts of many who claim to belong to Christ. But *"in vain"* do such people *"worship"* Him, *"teaching for doctrines the commandments of men"* (Matt. 15:9).

"Till heaven and earth pass, one jot or one tittle shall in no wise pass from the LAW, till all be fulfilled. Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall DO and TEACH them, the same shall be called great in the kingdom of heaven" (Matt. 5:18, 19).

Let every Christian minister take much thought concerning that which he must DO and TEACH, if he desires to establish a worthy record in the books of heaven. And it is also time for all of these ministers to *"give glory to Him,"* not only by teaching the PEOPLE TO OBEY HIS EVERY COMMAND, but by CONFORMING THEIR OWN LIVES, as well, in accordance with HIS law.—*The Marturion*

The Two Laws of II Kings 21: 8

W. ALLEN BOND

THE TEN COMMANDMENTS

1. Declared by God: Exodus 20:1-17
2. Written by God: Deuteronomy 9: 10
3. On Tables of Stone: Deut. 9:11
4. Only 10 Laws: Deut. 4:13 and 5: 22
5. Placed INSIDE the Ark: Deut. 10:5; Heb. 9:4; I Kings 8:9
6. Defines Sin: Romans 3:20; 7:7
7. Is Perfect: Psalms 19:7
8. Established by Faith: Rom. 3:31
9. Is Spiritual: Romans 7:12.
10. Is Not Grievous: 1 John 5:3
11. Not Destroyed by Christ: Deut. 5:17; Isa. 42:21
12. Continues Forever: Psalms 111:7-8; Matt. 5:18

THE BOOK OF THE LAW

1. Declared by Moses: Exodus 24:3
2. Written by Moses: Deuteronomy 31:9
3. In a Book: Deut. 31:26
4. Contained 100 or more precepts: Exodus 20:22 thru 23:33
5. Not Inside the Ark: Deut. 31:26
6. Concerns Ceremonial Cleansing: Lev. 4:27-35
(The added law of Gal. 3:19)
7. Made Nothing Perfect: Heb. 7:19
8. Is Abolished: Eph. 2:15
9. Was Carnal: Heb. 7:16, 9:10
10. Was a Yoke: Acts 15:10
11. Nailed to the Cross: Col. 2:14
12. Lasted Till the Seed Came: Gal. 3:19; Heb. 9:1-10

THE Ten Commandments, written by the very finger of God at Sinai on tables of stone, were all in force as unwritten moral law during the period between the creation of Adam and Eve, and the *writing* of these laws at Sinai. They all stand or fall together. To despise one is to despise them all (and the One Who gave them.)

The Law of Moses naturally dealt

with the moral law of the Ten Commandments, as well as with other matters. But this did not mean that the Ten Commandments were therefore destroyed when the law of Moses passed away.

Example one. A man picking up sticks on the Sabbath was commanded to be stoned to death. This was the law of Moses regarding one point of

(Continued on page 17)

When God Spoke To Moses

JOHN C. SPOWLES

WHEN the Lord handed down His law to Moses on the tables of stone, it was with a purpose in mind—for the mind of God is always logical, not like man, who is prone to error.

God set in motion laws that if obeyed would bring mankind everlasting happiness and peace, and those laws were in effect since the day of creation. On Sinai God merely wrote down the laws that had been in effect over the many years since the days of creation; God restated His everlasting law to Moses.

Don't the Holy Scriptures say that if we continue in His truth, the truth will make us free—and don't we have to learn first what the truth is? If we are to become like Jesus, we will have the full truth of God in our minds and lives, not the illogic we see on all sides of us.

The gift of God is a sound mind and all who will follow in the truth will have a sound mind, not the madness we see in our world today. When the kingdom of God rules in the minds of men, there are no sickness and disease, no physical or mental illness, and no death.

The man who thinks he is another person, such as George Washington, is called mentally ill, and so he is. He is not following in the truth; otherwise he would not be so deceived as to imagine he is someone else. And

this points up the fact that in *all* things we are to walk in the truth, and not deceive ourselves.

Divine healing is in the law of God if the person so afflicted is willing to give up his sickness and accept the truth of God, "who forgiveth all thine iniquities: who healeth all thy diseases" (Psa. 103:23). Forgiveness of sins and healing of disease are placed together in this verse.

"I am the Lord who heals you," God says, and "if you continue in my word, then are you my people, and you shall know the truth, and the truth shall set you free."

What is sin? "Sin is the transgression of the law" (1 John 3:4). God groups sin and sickness together, and the truth will free us all from both. God forgives through Christ's sacrifice on the cross, but the law of God must be kept in the future, for didn't Jesus say, "Go and sin no more"?

Of course the sacrifice of Jesus Christ on the cross covers all sins, but in order to be forgiven the sinner must truly repent and stop doing what is sin. Quit sinning or there is no forgiveness.

One cannot go on in sin and expect forgiveness, but many try to do just that. It's highly illogical to expect the Lord to forgive anyone who will not truly repent and stop doing

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Your Editor Writes a Letter...

The Sabbath Sentinel

PROMOTING THE SEVENTH-DAY SABBATH OF THE SCRIPTURES

PUBLISHED BY THE BIBLE SABBATH ASSOCIATION, FAIRVIEW, OKLAHOMA 73737



EUGENE LINCOLN, EDITOR
4421 WINSTON DRIVE
FORT WAYNE, IND. 46806

April 13, 1972

Rev. Marion G. Bradwell
The Lord's Day Alliance
475 Riverside Drive
New York, N.Y. 10027

Dear Rev. Bradwell:

It has been quite a while since I have seen a copy of your magazine, which--when I last saw it--was called The Sabbath Day Leader. I understand it is called Sunday now. I do not know whether or not you are familiar with The Sabbath Sentinel, of which I am editor; I am enclosing a copy in case you are not.

With the approval of the president of the Bible Sabbath Association, publisher of the Sentinel, I should like to present a proposal. I would like for you to write an article for the Sentinel explaining my views. If you agree, I suggest that these be of about equal length, published without editorial comment except for an explanation. Most of the ones who read the Sentinel have not had the opportunity to see, at first hand, your views, and I imagine a similar situation exists with your readers.

I make this offer in the spirit of Christian friendship, and am not, as far as this offer is concerned, trying to start a controversy. From what I have read of you, I know that if you accept the offer, it would be in the same spirit.

May the Lord bless and guide you in my prayer.

Yours in Christ
Eugene Lincoln
Eugene Lincoln, editor
The Sabbath Sentinel

IN order to provide something of interest and value to our readers, the editor wrote the letter shown on the opposite page to Dr. Marion G. Bradwell executive director of the Lord's Day Alliance. This letter did not reach its destination because the headquarters office of that organization had moved to Atlanta, Ga.

A second letter, repeating the suggestion, was written on June 1, and an answer was received from Dr. Bradwell on June 29. The letter said in part:

"I could see great value in mutually helpful articles in our two publications, and would welcome the opportunity of further discussions with you about this possibility. I am sure that you would want to 'screen' any article which we might submit, as I am sure we would also like to do, before publishing such an article or articles.

"We do have areas of mutual interest, such as what we call 'Sunday Civil Rights' and you might refer to as 'Sabbath Civil Rights,' by which we mean the right of an individual to be free from economic coercion on his day of worship. It would seem that we ought to stand shoulder to shoulder on this matter so that your people would have the right to their day of worship and that our people might also do the same. . . ."

No doubt some SENTINEL readers are wondering about the purpose of this exchange of articles with the Lord's Day Alliance, an organization which stands for many things almost opposite to those for which the Bible Sabbath Association stands.

There are several reasons why we have done this. First, we feel that a little controversial material makes a magazine more interesting—gives it some *zip*, and helps keep it—and its readers—from getting into a mental rut. The main reason, however, is that, as we said in our letter to Dr. Bradwell, we feel that it will do Sabbathkeepers no harm (and might do some good) to read what those who differ with us think. And we think it is an almost unprecedented opportunity to present our views to an audience that otherwise would probably never hear them.

We feel that, if such an exchange of articles is effected, the good points will far outweigh any objectional points. We hope to make arrangements for the articles in the near future.

Newspaper Ads Bring Results

PRINTER'S ink on newsprint is one way the members of the Birmingham, Ala., Seventh Day Baptist Church are letting their light shine in the community. The church regularly places one- and two- column ads in the newspaper.

One recent ad invites the public to "Come Discover Additional Truths from God's Word" at a weekly Bible Study "each Sabbath Evening (Friday), 7:30." Most of the ads mention that the public is invited and the Sabbath figures prominently in many of them.

Last February Sabbath discussions between Seventh Day Baptists and Church of Christ panels in the Gospel Assembly Church were announced in a 2-column ad.

Another ad asked the reader: "GOD'S WORD or Tradition—Which Do YOU Follow?" It mentions the seventh day as the one made holy by God and Christ.

Below is a simple of one of their attention-getting ads:

THE TEN COMMANDMENTS ABOLISHED?

"NO. This 'royal law' remains to point out SIN."

(Rom. 3:20; 7:7; Jas. 2:8-12; Matt. 5:17-19)

WHICH LAW WAS ABOLISHED AT THE CROSS?

"Certain laws written by Moses 'in a book'; also certain ceremonial laws and laws which pointed toward Christ."

(Deut. 31:24-26; Gal. 3:19; Col. 2:14)

Do YOU obey God's SABBATH law—one of the TEN?

(Exodus 20:8-11)

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SEVENTH DAY BAPTIST CHURCH MEETING

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ANDREWS RUR

EXCERPTS FROM LETTERS . . .

Conducted by Terril D. Littrell

We praise the Lord that He has raised you up to publish this magazine. May God give you discernment and wisdom as you write and edit for this magazine. Magazines of this nature are surely needed in these last days.

—B. M., Ohio

* * *

I was handed your pamphlet, *Facts On The Sabbath Question*, which I just finished reading. I surely do agree with every word in it. I have tested it by my Bible. I hear Herbert W. Armstrong on the radio and see his son on television and they are always saying not to believe them, but to prove all things by the word of God.

I am sure that both the Bible Sabbath Association and Herbert Armstrong are correct in teaching that we should observe the Sabbath.

I would appreciate any other literature that you might have on hand. Enclosed is an offering to help defray costs of printing and postage.

—Mrs. S. T.,
Oklahoma

* * *

I am enclosing — for your radio work. . . . God has been very good to me, a debt I can never repay. By

faith it shall be done. If by faith we can remove mountains, and by faith the sea can be dried up, then why not believe that God will see things done as we have the faith to believe His promises? If as many as two people will agree with me that enough support will come in to maintain the B.S.A. radio ministry, IT SHALL BE DONE. AMEN.

—Mrs. Clyde Saunders, S. Car.

* * *

Enclosed find a check for your radio work. . . .

—Ethel B. Dinning, Washington

* * *

We are in agreement in the principles of the other nine commands but disagree on the Sabbath observance. . . . I think the New Testament teaches those other nine principles, but the New Testament does not teach Christians to observe the seventh-day Sabbath. The early Christians did not make a holy day of the seventh day.

Paul's entering the synagogue on the Sabbath day was not for the purpose of keeping it as a holy day, but to teach the Jewish people who would be there.

—Billy W. Moore, minister,
Church of Christ
Butler, Mo. 64730

* * *

A group of us Seventh Day Pentecostal people gathered for the Feast of Pentecost again this year. We met at North Little Rock, Ark. A group from Tennessee met with us this year. We had a wonderful spiritual service, followed by taking the Lord's Supper. All of us departed feeling that it had been good to have been in

the house of our master Yahshua the Messiah.

—Dr. Dewey Lee Landers, minister,
P. O. Box 745
Jansonville, Ark. 72076

* * *

I was happy to see the magazine that you are putting out. I can surely see that God is pouring His Spirit on many. Many times God's people have been too denominational minded. . . .

—Pastor Roger Blankinship
215 S. Water St.
Milan, Mo. 63556

* * *

I do not get your radio message in my area of Iowa, but I do want to help. Enclosed is — for "Echoes from Eden" radio work.

—L.W.M., Iowa

* * *

I find the SENTINEL quite interesting. Please find a check for subscription renewal.

—J.K., Alaska

* * *

I regret that you have a radio crisis. Please find enclosed — for the radio work. I would like to be kept posted as to what all is involved in your radio ministry.

—R. E. Ross, North Carolina

* * *

It is time once again for me to renew the much valued SABBATH SENTINEL.

—E. D., Massachusetts

* * *

I would like to know about the various Sabbath organizations. I have

just begun to keep it holy. Any information would be appreciated.

—J.M.S.,
Chicago, Ill. 60647

* * *

I would like a list of names by which the Sabbath is called in other languages, and one of your calendars, please. I feel that the Bible Sabbath Association is performing a worthwhile mission.

—C. C. Olson, Illinois

* * *

I would appreciate some tracts, *Tables of Rubber* by W. A. Bond in your April issue of the SENTINEL.

—M.M.H., Indiana

* * *

Please RUSH me your 13 lessons on the Sabbath. A friend told me about them.

—B. S., Canada

* * *

A friend of mine would like a tract, if you have it, explaining that Saturday is the true seventh day of the week. She thinks that perhaps our days have all gotten confused somewhere. . . .

—S.J., Florida

* * *

I would like to take out membership with the Bible Sabbath Association. Also please send me the latest *Sabbath Handbook and Directory of Sabbath-Observing Organizations*, and twenty "Echoes from Eden" Home Bible Study Series. Enclosed is a check to cover the membership dues and the above order.

—A Minister, California

(Continued on page 19)



NUTRITIONAL FIRSTS

by Dr. Allen E. Babcock

ON the negative side of nutritional firsts is sweets and starches, especially foods made with refined flour and white sugar. These are at the best only empty calories, and who needs those? Not you.

Vegetarians and those who advocate generous amounts of flesh foods alike condemn the starchy sweet diet. Le-lord Cordel in *Eat and Grow Younger*, says a person who surfeits his body with carbohydrates and starves it of proteins is "a nutritional pauper."

Although there is no element in nutrition which is unimportant, some elements when in short supply bring about pathological and physiological changes more rapidly than others. Among those of primary importance let us consider protein. The Greek word from which it is derived (*protos*) means "first." All muscle tissue and nerve repair and rebuilding depends on protein, which is also essential in repair and rebuilding of glands, organs, and blood. Hemoglobin, the red coloring matter in blood, contains no less than 14 different amino acids (the building blocks of protein).

There are considered to be 10 to 12 essential amino acids which the body must take in regularly. Foods as lean meat, eggs, cheese, milk, millet, sunflower seeds, sesame seeds

are complete proteins. Whole grain products such as soybeans, legumes and some nuts are excellent sources of protein but are not considered complete, that is, containing all the essential amino acids.

The amount of protein required per day is a matter concerning which there is considerable difference of opinion. There are those who advocate 100 to 120 gm. of protein, while others hold that from 60 to 75 gm. is quite sufficient.

(a) The advocates of a high protein diet claim that a diet poor in proteins reduces the vitality and increases the susceptibility of infectious disease.

(b) The proponents of low protein diet point to the increased intestinal putrefaction and possible effects of waste products. One of the products of protein metabolism is uric acid waste and because of its poor solubility, uric acid may be deposited in the joints, creating joint problems associated with gout and other ailments.

One report shows that people fed a low protein diet for only one week had a loss of antibodies to one tenth normal level. While on the subject of resistance, we often overlook some other factors. Much publicity, both good and bad, has been given to vitamin C, but all authorities

agree that vitamin C is important for good resistance. Vitamin C must be taken daily, as it is lost from the body within a few hours after it is taken and the human body does not synthesize this vitamin. In the summer time it may be possible to keep our vitamin C intake up to required levels, but in seasons when fresh fruit and vegetables must be shipped, the problem becomes acute.

Many diseases can be linked to protein deficiency. One very common condition in the aged is purpura, which is bleeding under the skin. Walls of the blood vessels have lost their tone and become fragile. A slight bump, even pressure, makes them bleed a little; the result is purplish discoloration. Principal areas involved are arms, thighs, and back of hands.

Dr. Thoreson, well known in the field of nutrition, says, "My suggestion for the most effective course is to get more protein in your diet, plus milk (or skim milk, or buttermilk, or cottage cheese) for the calcium which is necessary plus vitamin C."

Dr. Chow, a consultant on nutrition to the U.S. Navy's Bureau of

Medicine and Surgery, says of an experiment he is now conducting (advocating a high protein intake for expectant mothers) that in the improved diet you may expect (a) much higher survival rate for the offspring, (b) far better quality infants who eat 30 per cent less all their lives yet maintain body weight, (3) are more intelligent, (d) get along better, (e) are emotionally stronger and are less affected by stress, (f) saving 30 per cent of food in a food-shy world, (g) children will be healthier and live longer.

Young mothers and oldsters alike often substitute junk food for the essentials. You can't build health on coke and chips or tea and toast any more than you can build a house with paint and wallpaper.

We should never lose sight of the fact that you cannot build a healthy body without all of the essential elements. Your auto needs good quality fuel; you would not intentionally drive it without oil and a coolant.

Protein is important, but in proper amount with all the other necessary factors.

LOOK OVER EVERYTHING . . .

that a donation to the Bible Sabbath Association will do.

It will help spread the Sabbath truth by radio and the printed page to thousands who might not otherwise know . . . and help promote understanding among Sabbathkeepers of varied denominational backgrounds.

Bible Sabbath Association

Fairview, Oklahoma 73737





KEEPING POSTED

An editorial in the Washington, D.C. *Star* on June 7, entitled "Sunday Sales," said:

"One of the sillier misuses of law-enforcement machinery is being demonstrated in the Maryland suburbs, where action has been taken against supermarkets that were open for business last Sunday. The offending stores allegedly violated one of the state's blue laws.

"The authorities in Montgomery and Prince Georges Counties are not particularly to blame, though there must be more serious crime problems that should pre-empt the time of police and prosecutors. The outdated law is on the books, however questionable its constitutionality, and there is pressure from "small business" (exempted if no more than six persons are employed) to enforce it against the competing food chains.

"The Maryland nonsense is a futile rear-guard action against an inexorable trend in American life away from strictures in Sunday activities. It is an anachronism, across the country, that a maze of laws riddled with exceptions and qualifications still holds that it is illegal to do on the Christian Sabbath what it is all right to do during the week. No one has ever squared this, to our satisfaction, with the constitutional prohibition on the establishment of religion, and non-Christians are understandably testy on

the subject. So it is no harm to confront our local legislators once again with what they have wrought—or failed to undo—in the name of some people's idea of Sabbath propriety.

"The occasion is long overdue for saying good-bye to the blue laws, leaving everyone free according to his bent—religious or otherwise—to pray, to play or to buy a bunch of asparagus."

Are Giant Markets Small Stores?

State's Attorney Andrew L. Sonner of Montgomery County, Va., and County Executive James P. Gleason disagree over whether the Giant Market chain should be prosecuted for violating the state's Sunday law. The crux of the controversy concerns the exemption in the law, allowing "small businesses" with not more than six persons to open on Sunday. A fine of \$1,000 is provided for each day of violation.

Five Giant Food Stores were charged with operation on Sunday with more than six employees. One Sunday in June county police took photographs to prove the charges.

Gleason contends that no chain store could be classified as a small business, and should not be allowed to operate on Sunday, even with six or fewer employees. Attorney Sonner had withdrawn a request filed previously against Giant.



**A Note
from
the Editor**

I HEARD a strange sound today, almost covered up by the noises of a busy intersection at the south edge of town. I had not heard one like it for quite awhile, but the clear notes brought back memories. It cut through louder sounds with the plaintive musical notes: "Killdeer, killdeer, killdeer."

My first acquaintance with the killdeer bird was many years ago, when I was a teenager. A friend and I were hiking through a field, and when I commented on the brownish gray birds which seemed to have taken over the area, he told me what they were. After that, they became almost as well-liked as robins. In at least one instance I saw for myself what I had often been told—that when a person wanders too close to the nest of a killdeer, it will limp as if its legs were broken or its wings were injured to lure the intruder away from its nest. Partly because of this fascinating habit and partly because of its song, I have since had a special fondness for these birds.

But to hear one so far from rural fields, where there was just a small expanse of grass in front of a large shopping center, was unexpected—and welcome.

After I had survived a hectic and

nerve-wracking week at the university, the bird seemed to be singing its notes just for me, to tell me (in the words of poet Browning) that "God's in His heaven—all's right with the world!"

It is easy—at least for me—sometimes to let my faith slip during the hustle of weekday activities, and, as I see and hear daily things that are not good, to forget that over all of this the Eternal reigns and will in His own time make all things right.

That is why I feel I need a Sabbath at the end of each busy week. The Sabbath becomes an oasis where my thirsty soul may drink of the water of life, a quiet sanctuary where I may stop rushing long enough to take stock of myself and of my values, and let the Master speak to me through His written Word, through the words of another, or perhaps—as in this case—through the notes of a bird.

Somehow it seems easier on His holy day to shut out the noises of a world that does not know Him, to hear more clearly what He would have me know. Like the killdeer's song, the words of the Lord come sometimes as a "still small voice" to which we must tune our ears—and our souls—to recognize.

Eugene Lincoln

PRAYER REQUEST

Darlene Lincoln, wife of the editor, is to undergo major surgery the last of August or first part of September. Your prayers would be appreciated.

THE SABBATH— MADE FOR MAN

(Continued from page 4)

Sabbath-breaking is a much more serious sin than the average Christian realizes.

Observers of the Church of God (7th Day) who disagree with some of its distinctive teachings, nevertheless admire the courage and consistency of its loyal adherents. Even more than the denomination's insistence on tithing and temperance and other high standards, the conscientious Church of God members' resistance to economic and social pressures upon the Sabbath excites general admiration. "They won't work on Saturday!" people explain. "Not even if it means losing their jobs—and the Lord somehow provides for them." Such comments point to an unusual testimony in a money-mad, compromising social order.

Business, radio, television, easy access to pleasure resorts—these and many other facts of modern life threaten the Sabbath. Shall its avowed friends undermine it further by unnecessary work on that day, selfish pleasure-seeking and neglect of the means of grace, God forbid!

"If you turn back your foot from the sabbath,

Not doing your own business on my holy day;

If you call the sabbath a delight,
And the holy day of the Lord honorable;

If you honor it by not following your accustomed ways,

Nor doing your own business, nor indulging in idle talk—

Then shall you find your delight in the Lord,

And I will make you ride in triumph
over the heights of earth,
And will give you the heritage of
Jacob your father to enjoy";
For the mouth of the Lord has spoken.

—Isaiah 58:13-14, Smith-Goodspeed

THE TWO LAWS OF 2 KINGS 21:8

(Continued from page 6)

the fourth commandment. This law of Moses is now abolished; a man is no longer to be stoned to death for picking up sticks on the Sabbath. However, that does not change the commandment to remember the Sabbath to keep it holy.

Example two. According to the law of Moses, a man who cursed his father or mother was to be stoned to death. This law of Moses is now abolished. A man is no longer to be stoned to death for cursing his father or mother. But the commandment to honor father and mother is still in force.

Primarily, the seventh day of the week is not *my* Sabbath or *your* Sabbath, for God says it is **HIS HOLY DAY**. It is God's memorial to remind us that He is the Creator of heaven and earth. The commandment to remember this day is part of the eternal Ten Commandments. **GOD is the One Who put this command on the tables of stone, rather than with the temporary law of Moses. No man has the right to take it out of this setting in order to put it in the classification of a temporary ordinance. "WHAT GOD HATH JOINED TOGETHER LET NOT MAN PUT ASUNDER."**

"If any man will do his will he shall know of the doctrine" (John 7:17). The real question is one of

your willingness to do God's will, rather than a question of what you think is right. Keeping in mind that John 1:3 teaches that Jesus was the Creator of Genesis 1, and that the Sabbath is a memorial of creation, we need to heed His words in John 14:15: "If ye love me, keep my commandments."

Editor's Note: This article is available in tract form from the Vision Press, 2401 Third Ave., Marion, Iowa 52302.

WHEN GOD SPOKE TO MOSES

(Continued from page 7)

what is wrong. Yet I once heard a fellow on the radio make the startling statement that he didn't need the Ten Commandments; he had Jesus. But Jesus is the Ten Commandments—and the law of God is to be written in our hearts and minds.

In a sense the written word was given because man forgot the word of God. Man had to be reminded of what

he knew in the first place, and the only reason he had to be reminded was that he had sinned against the logic of God.

"Remember the sabbath day" tells us to remember what we knew in the first place. When you remember something, it means that you once knew it, and all of mankind knows, or knew the law and word of God at one time, until sin came in. Then man had to be told that he once knew. He had forgotten because of sin, but the law of God was written in the minds of His creatures.

God spoke to Moses, and God speaks to you and me today—and the message is the same: Repent, stop doing wrong, turn from your sins, and live.

Forgiveness is there, but it's on God's terms.

Courage is the leadership of good causes rather than the opposition to bad ones.

"Echoes from Eden" Radio Log

KCAB, Dardanelle, Ark. (890 kc.)—1:30-1:45 p.m., Mon.-Fri.

KXEN, St. Louis, Mo. (1010 kc.)—1:30-1:45 p.m., Mon.-Fri.

WKYX, Paducah, Ky. (730 kc.)—9:50-10:00 a.m., Mon.-Fri.; 9:15-9:45 a.m., Sunday

XEG, Monterrey, Mexico (1050 kc.)—10:15-10:30 p.m. (CST), Tues.

KASA, Phoenix, Ariz. (1540 kc.)—12:15-12:30 p.m., Mon.-Fri.

Please, brethren, get behind this radio work, and let's go with it. Time is so short. Jesus IS coming. There is yet so much to do—so many to warn. Dare we spend our money on personal luxuries while sinners die lost? God is calling for SACRIFICE. Some of us are sacrificing, but most aren't.

How about YOU?

(Continued from page 12)

I just discovered your publication in a public library, and am interested in learning more about your organization.

—F.M., Pennsylvania

* * *

A Pentecostal Commandment keeper and radio speaker is open for evangelistic meetings.

—Elder David L. Roberts,
Christ's Restoration Revival, Inc.
Rosewood, Ohio 43070

Our civilization cannot survive materially unless it is redeemed spiritually. It can be saved only by becoming permeated with the spirit of Christ and being made free and happy by the practices which spring out of that spirit. Only thus can discontent be driven out and the shadows lifted from the road ahead.

—Woodrow Wilson

ANNOUNCEMENTS

Copy must be brief. No charge will be made, but offerings to defray cost will be appreciated. The right is reserved to reject any proposed copy.

Send all copy to Bible Sabbath Association, Fairview, Okla. 73737. Information as to dates and places of Sabbath services, camp meetings, radio programs, desire for employment by Sabbathkeeping people or vice versa, prayer requests, requests for information leading to Sabbath fellowship for isolated people, etc., will be included.

This feature, offered solely as a service for Sabbathkeepers, is probably not obtainable elsewhere and is

for the purpose of fostering increased good will, love, and harmony among ALL Sabbath-observing people (John 13:35).

Janitor work or wood work among Sabbathkeeping people wanted by 45-year-old man, who has had 15 years' experience in these lines. Married, with four children. Robert W. Feeser, 115 Fulton, St., Hanover, Pa. 17331.

Christian middle-aged lady wishes to correspond with a Christian, non-smoking and non-drinking man, age between 60 to 74. Grace Harman, 1135 Grand Ave., San Diego, Calif. 92109.

Does anyone have knowledge of the existence anywhere of any Sabbath-observing groups which are organized with 12 principal overseers, leaders which are chosen by lot and seven administrators all organized in a manner parallel to Acts 1 and 6 (in addition to and other than the Church of God, Seventh Day), at Denver, Colo., Caldwell, Ida., and Salem, W. Va.)? If you know of any such group, please write to me, R. D. Bradshaw, R. 10, Box 284, Morganton, N. C. 28655.

The Seventh Day Baptist Fellowship of Ohio welcomes you to meet with them on Sabbath in the United Methodist Church at Mt. Sterling, Ohio. For further information contact Ernest Bond, president, 8989 Dustin Rd., R. 2, Galena, Ohio 43021.

Please renew your Sentinel
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without special notice.

HE . . . YET SPEAKETH



One of the greatest friends of The Bible Sabbath Association IS Mr. H. J. Bartsch. We say "is" although Mr. Bartsch died several years ago. At that time he was assured that the work he loved and supported would continue since he left the Association a sizeable portion of his estate. Thus he continues to witness and speak.

You too, can have this same assurance by remembering The Bible Sabbath Association in your will.

In doing so, you may use the following:

FORM OF BEQUEST

I hereby give, devise and bequeath to The Bible Sabbath Association with headquarters in Fairview, Oklahoma, U.S.A.

the sum of dollars (.)

(In case you wish to leave some particular asset or piece of property, instead of sum of money, you can do so by inserting a clear and sufficient description of it in place of words "the sum of," etc.)